**Emergency First Aid**

**Course Aims**

To provide delegates with the ability to undertake basic life support and emergency procedures in the event of an accident or injury to a work colleague until trained help arrives.

**Who is the course suitable for?**

All personnel who may be required to manage a medical situation until help arrives.

| **Overview:** |
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| Price: | tbc |
| Duration: | 1 day |
| Certification: |  |
| Maximum candidates: | 12 |

**Course Objectives**

* Understand the role of an appointed person in reference to the Health and Safety (First-Aid) Regulations 1981
* Maintain first aid equipment
* Record and report accidents and injuries in the workplace (RIDDOR)
* Perform basic first aid and life support in the absence of a First Aider

**Additional Information**